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|  | **Better (GLL) Annual Club Games** |
| Organisation | **Better (GLL)** |
| Address | Copper Box Arena, Queen Elizabeth Olympic Park, London E20 3HB  London Aquatics Centre, Queen Elizabeth Olympic Park, London E20 2AQ |
| Description | The UK’s largest multi-sport event for Over 60’s is back held at two iconic Olympic venues, the Club Games allows our 60+ residents to compete in a range of activities  Activities include;  • Badminton  • Darts  • Dominoes  • Short Mat Bowls  • Short Tennis  • Table Tennis  • Timed Cycle  • Timed Swim\*  \* Timed Swim is held at the London Aquatics Centre but swimmers must attend the opening ceremony at the Copper Box Arena to listen to announcements ahead of the Timed Swim competition.  So if you would like to represent Lewisham in any of these sports then why not sign up today. |
| Who can attend? | All are welcome. The Club Games are for residents aged 60 and over |
| Price | £4 per participant (spectators £2) |
| Accessibility | Step free access  Accessible toilet  Stepped access (one to three steps)  Upstairs (no lift)  Option to do the activity sitting down  Other comments: |
| Day and Time | Tuesday 26th September 9.45am to 4.30pm |
| Transport? | **By train/tube-** The nearest underground stations are Hackney Wick (5 minute walk) and Stratford (15 minute walk). Stratford International station is just a 10 minute walk away and St Pancras International & Kings Cross stations are just seven minutes away by train to Stratford International.  **By bus-** The 388 bus runs every 10 minutes from Stratford bus station to Blackfriars station and stops directly outside the Copper Box Arena (stops M & N)  **By bike-** There are more than 140 cycle racks outside the Copper Box Arena.  **By car-** The M25 is only a 25 minutes’ drive away. It’s recommended that public transport is used to reach the venue. Otherwise, there is plenty of parking available in nearby Westfield or multi-storey car park near Here East. |
| Phone |  |
| Email | [Club.games@gll.org](mailto:Club.games@gll.org) or [matthew.houghton@gll.org](mailto:matthew.houghton@gll.org) |
| Website | [www.better.org.uk](http://www.better.org.uk) |
| Joining: turn up or book? | Team registration forms must be scanned and emailed to **Club.games@gll.org** by **FRIDAY 22ND SEPTEMBER** at the latest |

Last updated on: 22/8/2023

If some of the information on this document is no longer accurate, please inform Community Connections Lewisham via email [communityconnections@ageuklands.org.uk](mailto:communityconnections@ageuklands.org.uk) or on 0330 058 3464.